## PARENT UNIVERSITY 21

ou're

invited to participate in Zoom meetir for parents! Wednesday evenings at 7:00pm\*

ds us

October 20 - Kristen Moderski, Teacher

District Academic Resources Click the link to register: https://tinyurl.com/Inconfilm/OnlineTicke

<u>November 10 – Nicole Hohl, Counselor</u> I Want to Get My Teen Counseling, But I Do Not Know Where to Start

> December 1 - Nicole Hohl, Counselor Don't get Vaped In

January 12 – Kristen Moderski, Teacher Calming Your Teen's Anxiety

<u>February 16 – Nicole Hohl, Counselor</u> How to Talk to Your Teen About Controlling Relationships

> March 16 – Nicole Hohl, Counselor Helping Teens Deal With Grief

<u>April 13 – Kristen Moderski, Teacher</u> Help Your Teen Work Smarter, Not Harder

May 18 – Kristen Moderski, Teacher Stop Teenage Procrastination!